

## Curriculum Vitae

### Elizabeth Ann Perluss, Ph.D.

#### Academic Preparation

Ph.D.	Pacifica Graduate Institute	2004 Depth Psychology
M.S.	California State University, Los Angeles	1991 Counseling
B.A.	Westmont College	1984 Religious Studies

#### Professional Experience

2016-present Private Practice, Psychotherapy for individuals and couples in Grass Valley, CA.

Responsibilities include providing depth psychotherapy for individuals and couples. Also provide nature-based therapeutic services and mentoring.

2001-2012 Associate Professor of Marriage and Family Therapy and School Counseling (School-Based Family Counseling), California State University, Los Angeles, Charter College of Education, Division of Special Education and Counseling.

Responsibilities: Taught counseling and psychology courses including Counseling Theories, Life Span Human Development, Family Counseling with Children, Human Sexuality, Sociological and Cultural Factors in Counseling, Career Counseling, and Counseling Practicum. Supervised MFT trainees and School Counseling fieldwork students, conducted site visits, participated in program development and accreditation preparation (CACREP and COA/NCATE), served on departmental, college and university committees, advised students within the program. Gained tenure to rank of Associate Professor in 2007.

2005-present Adjunct Professor in Depth Psychology, M.A./PhD program, Pacifica Graduate Institute, Carpinteria, CA.

Responsibilities: Teach courses in Jungian Psychology and Ecopsychology, participate in faculty councils, and serve on dissertation committees. Have also taught MFT courses within the M.A. Counseling Psychology Program including Child Psychotherapy and Ethics and the Law: Child Abuse and Treatment.

2003-present Wilderness guide and trainer, the School of Lost Borders, Big Pine, CA.

The School of Lost Borders is a 501(c)(3) non-profit that, as stated in its mission, “offers vision fasts and rites of passage training which cultivate self-trust, responsibility, and understanding about ones' unique place within society and the natural world. Its programs provide guided opportunities, perspectives, teachings, and much needed self-reflection time in a non-judgmental yet challenging environment”. As core staff person, I lead wilderness groups and trainings, serve on the elder’s

advisory council, and consult with those interested in researching topics related to wilderness rites of passage, wilderness therapy, and depth ecopsychology [www.schooloflostborders.org](http://www.schooloflostborders.org). This is a part-time contracted position.

- 2015 Adjunct Professor, University of San Francisco.  
Responsibilities: Teach courses in Marriage and Family Therapy including Human Sexuality and Child and Parent Therapy.
- 1996-2001 Adjunct Professor, California State University, Los Angeles, Division of Administration and Counseling.  
Responsibilities: Taught courses in Marriage and Family Therapy and School Counseling.
- 1997-2001 School Counselor, Long Beach Unified School District, Long Beach, CA.  
Responsibilities: School Counseling and Guidance. Provided counseling for students within a K-12 public educational setting; provided individual and group counseling, guidance/career counseling, and crisis counseling; classroom management, performed administrative duties, and participated in campus-wide committees.
- 1995-2012 Private Practice, Marriage and Family Therapist, Los Angeles and Avalon, CA.  
Responsibilities: Provided psychotherapy for children, individuals, couples, and families. Worked with Social Services as needed. Maintained clinical records.
- 1992-1993 Family and Child Therapist Intern, South Bay Center for Counseling, Los Angeles.  
Responsibilities: Delivered psychotherapy for children and families in public school settings; consult with teachers and school administrators, perform clinical intakes, record keeping, participate in weekly supervision groups.
- 1991-1992 Clinic Coordinator, California State University, Los Angeles, Counseling and Assessment Clinic, Los Angeles, CA.  
Responsibilities: Coordinated university clinic, scheduled client sessions; conducted clinical intakes; maintained clinical records; edited clinical handbook, performed community outreach, and served as liaison with faculty and students who utilized the clinic.
- 1989-1992 School-Based Family Counselor, Garvey School District with Mission Possible, Los Angeles, CA.

Responsibilities: Provided no-fee psychotherapy for at-risk children and families who were referred to counseling by local public schools. GRIPP (Gang Reduction, Intervention and Prevention) funded program.

### Professional Licenses and Credentials

- Licensed Marriage and Family Therapist, California, issued 1994, MFT #32191
- Licensed Professional Clinical Counseling, California, issued 2013, LPCC #766
- Pupil Personnel Services Credential in School Counseling with Advanced Authorization in Child Welfare and Attendance, California, issued 1992

### Honors and Special Awards

- Sabbatical Leave for Research in Wilderness Therapy, Fall of 2007
- \$3000 IRA grant for the development of a play therapy clinic, CSULA, 2008
- Graduate Student of the Year, Charter College of Education, Division of Administration and Counseling, 1991

### Current Professional and Academic Association Membership

- California Association for Marriage and Family Therapists
- Wilderness Guides Council

### Publications

- Perluss, E. (2016). The Wild Imaginal World of Storytelling and Mirroring. *Circles on the Mountain* (#21).
- Perluss, E. (2015). This glorious darkness: Reflections from the John Muir Trail. *Psychological Perspectives* (Vol. 58, No. 2).
- Perluss, E. (2015). *Ecotherapy*. Encyclopedia of Theory in Counseling and Psychotherapy, Sage Publications, Thousand Oaks, CA.
- Perluss, E. (2014). For love of the soul of the world. *Ecopsychology Journal* (Vol. 6(1): 8-9).
- Perluss, E. (2012). Following the Raven: The Paradoxical Path Toward a Depth Ecopsychology. *Ecopsychology Journal* (Vol. 4, No. 3).
- Perluss, E. (2010). The Practice of Council in a University Human Development Course. *Council in Schools, The Ojai Foundation*. Retrieved from <http://www.schooloflostborders.org/content/practice-council-university-human-development-course-betsy-perluss-phd>.
- Perluss, E. (2010). Review of the Edge of the Sacred: Jung, Psyche, and Earth, by David Tacey. *Ecopsychology Journal* (Vol. 2, No. 1).

- Carter, M. & Perluss, E. (2008). The Development in Training School Based Family Counselors: The School Based Family Counseling Program at California State University, Los Angeles. In *The International Journal of School-Based Family Counseling (1/1)*.
- Perluss, E. (2008). Climbing the Alchemical Mountain: A story of Initiation. *Psychological Perspectives (51-1)*.
- Perluss, E. (2006). Touching Earth, finding spirit: A passage into the symbolic landscape. *Spring Journal*. Issue 76, Part 2.
- Perluss, E. (2005). Desert dreaming: Tracking psyche through the landscape. *Psychological Perspectives*. (48-2)

#### Selected Professional Presentations

- *Image, metaphor, and dream in nature-based therapies and rituals*, a talk given to the Brazilian Society of Jungian Analysts at Pacifica Graduate Institute, November, 2015.
- *The Four Shields of Love and Compassion: Seizing an Alternative: Toward an Ecological Civilization*, The 10<sup>th</sup> International Whitehead Conference, Claremont Graduate School, July 4-7<sup>th</sup>, 2015.
- *The Medicine Walk: Sourcing from the Wellspring of the Wild*. Medicine and Imagination: Soul in Body and Nature. Pacifica Graduate Institute, Carpinteria, CA. May, 2014
- *Fall and Winter: A Survival Guide for the Twenty First Century*. Documentary interviewee, 2013.
- *From Trials to Treasures: Rites of Passage in Wilderness Therapy* with Ruth Wharton, M.A. and Joseph Lazenka. Wilderness Therapy Symposium, Boulder, CO. September, 2010.
- *The Hospital Environment and the Nature Connection*. Planetree Annual Conference, Williamsburg, Virginia, October 2008.
- *Rites of Passage as a Foundation for Wilderness Therapy* with John Davis, Ph.D. Wilderness Therapy Symposium, Naropa University, Boulder, CO. September 2007.
- *Landscapes and Archetypes: An Investigation of Carl Jung's Theory of Archetypes and their Relatedness with Nature*. Exploring Religion, Nature, and Culture the Inaugural Conference of the Society for the Study of Religion, Nature and Culture, University of Florida, Gainesville, Fl., April, 2006.
- *Where Psyche Glides along Mountaintops and Rivers flow Deep within the Valley of the*

*Soul: Thresholds and Liminality in Wilderness Rites of Passage*. Conference of Nature and Human Nature, Pacifica Graduate Institute and the Institute for Mythological Studies, Carpinteria, CA, March 2006.

- *A Depth Psychological Inquiry into the Relationship Between Psyche and Landscape*. Fourteenth North American Interdisciplinary Conference on the Environment and Community. Empire State College, State University New York, Saratoga Springs, NY, February, 2004.
- *Night Vision: Symbols of Transformation in Wilderness Rites of Passage*. Wilderness Therapy Symposium, Naropa University, Boulder, CO., September 2005.
- *An Ecological-Depth Psychological Approach to Working with Teenage Youth in a School Setting*. An invited presentation at Creating community with youth: Perspectives from Liberation and Depth Psychologies, Conference, Pacifica Graduate Institute, May, 2002.
- *Re-membering Place*, An invited paper presented at the International Symposium of Archetypal Psychology: Santa Barbara, CA, 2000

#### Professional Assignments and Activities

- Advisory Board: Council in Schools. A program of The Ojai Foundation, a non-profit organization whose mission is to “foster practices that awaken connection with self, others, and the natural world.” CIS serves this mission by training and supporting educators to use council – the practice of listening and speaking from the heart – to inspire engaged, compassionate school communities. <http://councilinschools.org> (2014-Present).
- Council of Advisors: The Ojai Foundation, Ojai, CA. As a “rites of passage” advisor my role is to share my knowledge as a ceremonial guide and ecopsychology scholar within an international and intergenerational body of advisors in support of the mission of TOF <http://ojaifoundation.org> (2016-present).

#### Personal Interests

- Backpacking (In 2012, I completed a solo trip on the 211 mile John Muir Trail in the Sierra Nevada).